PLANT FACT SHEET

Codonopsis cordifolioidea P. C. Tsoong

GENUS *Codonopsis* **FAMILY** Campanulaceae

EDIBLE PARTS AND USES

Edible parts: Roots

DESCRIPTION

A herb that keeps growing from year to year. The stems are twining and 1 m long. The leaves on the main stem are lax and alternate. They are 10 cm long by 7 cm wide. There are usually only two leaves on branches. The flowers are dark blue.

HABITAT

It is a subtropical plant. It grows in forests between 1,700-2,200 m above sea level. In Yunnan.

REFERENCES

Mei, R., et al, 2008, Three New Polynne (=Polyacetylene) Glucosides from the Edible Roots of Codonopsis cordifolioidea. Helvetica Chimina Acta Vo. 91 (1) pp 90-96

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7c8d38ce-5970-42e2-8b2d-e44091a546f2