PLANT FACT SHEET

Edibility uncertain
It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Phyteuma ovatum Honck.

GENUS *Phyteuma* **FAMILY** Campanulaceae

COMMON NAMES Dark rampion

EDIBLE PARTS AND USES

Edible parts: Leaves, Root, Flowers

DESCRIPTION

A herb. It grows 40 cm tall. It keeps growing from year to year by re-growing from seed. The flower is dark and blackish-violet. They occur in spiky flower heads.

HABITAT

It is a temperate plant. It grows in the Austrian Alps.

REFERENCES

Cerne, M., 1992, Wild Plants from Slovenia used as Vegetables. Acta Horticulturae 318
http://www.botanic-gardens-ljubljana.com/en/plants

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7cdca418-1001-4ca1-927c-a95645484665