PLANT FACT SHEET

Teucrium multicaule Montbret & Aucher ex Benth.

GENUS *Teucrium* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - spice

The leaves are dried and finely crushed and used as a spice or seasoning.

DESCRIPTION

A herb. It has a woody base. It is hairy. The leaves can be entire or have 3 lobes. The flowers are pink.

HABITAT

It is a temperate plant. In Turkey it grows between 500-1,600 m above sea level.

NOTES

It has essential oils used in medicine.

REFERENCES

Kaya, O. M., et al, 2020, An ethnobotanical research in Sanhurfa central district and attached Villages (Turkey). Indian Journal of Traditional Knowledge. Vol. 19(1) pp 7-23

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7d054102-77bb-4503-9c04-e9bd3af12d82