PLANT FACT SHEET

Rumex gracilescens Rech.f.

GENUS *Rumex* **FAMILY** Polygonaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used for sarma in Turkey. They are rolled around a filling of rice or minced meat.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Dogan, Y., et al, 2015, Of the importance of a leaf: the ethnobotany of sarma in Turkey and the Balkans. Journal of Ethnobiology and Ethnomedicine, 11:56

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7d0f9bcd-dc87-479c-8b7a-8a1c6bba40de