PLANT FACT SHEET

Cymbidium sinense (Jacks.) Willd.

GENUS *Cymbidium* **FAMILY** Orchidaceae

EDIBLE PARTS AND USES

Edible parts: Flowers

DESCRIPTION

An orchid. It grows in the soil. The false bulbs are oval and 3-6 cm long by 2-3 cm wide. They are enclosed in the leaf bases. There are 3-5 leaves. They are deep green and 45-110 cm long by 2-3 cm wide. They bend 4-7 cm from the base. The flowering shoot arises from the base of the false bulb. It is 50-90 cm long. There are 10-20 flowers. They have a scent. They vary in colour but are usually dark purple and paler at the lip.

HABITAT

It is a tropical plant. It grows in wet and well-drained shaded places along streams between 300-2,000 m above sea level. In Yunnan.

REFERENCES

Liu, Yi-tao, & Long, Chun-Lin, 2002, Studies on Edible Flowers Consumed by Ethnic Groups in Yunnan. Acta Botanica Yunnanica. 24(1):41-56

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7d27cdcf-ca9d-4a96-bad8-c620a5b535b1