PLANT FACT SHEET

Lomatium orientale Coult. & Rose

GENUS *Lomatium* **FAMILY** Apiaceae

COMMON NAMES Northern Idaho biscuitroot

EDIBLE PARTS AND USES

Edible parts: Roots

The roots are eaten raw or baked.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 316

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7d541e62-0b6d-4b45-b1d9-2bf02d9c3d88