PLANT FACT SHEET

Osmorhiza claytonii (Michx.) C. B. Clarke

GENUS *Osmorhiza* **FAMILY** Apiaceae

COMMON NAMES Woolly sweet-cicely, Anise sweet-cicely, Clayton's Sweetroot, Hairy Sweet-cicely

EDIBLE PARTS AND USES

Edible parts: Leaves, Root, Seeds, Flavouring

The roots are used for flavouring.
The roots and stems are eaten as a vegetable.
The unripe seeds are used as a flavouring.

DESCRIPTION

A herb. It keeps growing from year to year. The leaves are twice divided with leaflets along the stalk. The flowers are white to greenish.

HABITAT

It is a temperate plant. In Canada it grows in cool, moist woodland. It suits hardiness zone 4.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7d5ee72c-7e2e-440a-8e9f-37938cf9eafa