PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Joannesia princeps Vell.

GENUS *Joannesia* **FAMILY** Euphorbiaceae

COMMON NAMES Araranut tree

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds

CAUTION: The seeds cause severe diarrhoea. They need to be roasted.

The fleshy layer around the seeds is bitter but can be eaten.
The seeds need to be roasted before eating.

DESCRIPTION

A fairly large tree. It grows 25 m tall. It loses its leaves during the year. The bark is grey-brown but not rough. It has a dense crown of leaves. The new leaves are waxy pink and then turn deep green. The leaves are divided like fingers on a hand. The leaves have 5-7 broad leaflets with pointy tips. The leaves turn red before falling off. There are 2 small lumps near the top of the common leaf stalk. The flowers are small and yellowish. The fruit is a large woody nut. It has 4 prominent ridges.

HABITAT

A tropical plant. It grows in tropical rainforest.

PRODUCTION

Cultivation

Plants can be grown from seeds.

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