PLANT FACT SHEET

Rosa centifolia L.

GENUS *Rosa* **FAMILY** Rosaceae

COMMON NAMES Provence rose, Cabbage rose

EDIBLE PARTS AND USES

Edible parts: Flowers, Fruit, Seeds

The flowers are used to scent tea, wine, vinegar and honey.
The buds can be pickled in white vinegar and sugar or ground up with sugar to make a conserve.
The petals are preserved in syrup. They are also placed under the crust of cherry pies before baking.
The flowers are boiled to make juice.

DESCRIPTION

A shrub. It grows 1.5 m tall. The leaves are greyish-green. They are compound and have leaflets along the stalk and one at the end. There are 5-7 leaflets. The flowers are usually pink and have many petals. The rose hips are round and fleshy with small seeds.

HABITAT

It is a temperate and subtropical plant. It suits hardiness zones 5-9.

NOTES

There are about 150 Rosa species and many cultivated varieties.

REFERENCES

Ali-Shtayeh, M. S., et al, 2008, Traditional knowledge of wild edible plants used in Palestine (Northern West Bank): A comparative study. J Ethnobiol Ethnomed. 4: 13

Dolina, K. & Luczaj, L., 2014, Wild food plants used on the Dubrovnik coast (south-eastern Croatia) Acta Soc Bot Pol 83(3):175–181

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 206

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 572

Hibbert, M., 2002, The Aussie Plant Finder 2002, Florilegium. p 257

http://www.botanic-gardens-ljubljana.com/en/plants

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 754

Morley, B.D., & Toelken, H.R., (Eds), 1983, Flowering Plants in Australia. Rigby. p 146

Morton,

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Plants of Haiti Smithsonian Institute http://botany.si.edu/antilles/West Indies

Tanaka,

van Wyk, B., 2005, Food Plants of the World. An illustrated guide. Timber press. p 325

Wiersema, J. H. & Leon, B., 2013, World Economic Plants. A Standard Reference CRC Press. 2nd Ed. p 594

Zeven, A. C. & de West, J. M. J., 1982, Dictionary of cultivated plants and their regions of diversity. Wageningen. p 101

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7dbc22db-d30e-404a-81cd-d445f3f0371e