PLANT FACT SHEET

Chasmanthera dependens Hochst.

GENUS *Chasmanthera* **FAMILY** Menispermaceae

EDIBLE PARTS AND USES

Edible parts: Stems, Vegetable, Fruit, Roots, Tubers, Leaves

The roots are boiled in milk to make a drink.
The stems are eaten.

DESCRIPTION

A climbing shrub or vine. It keeps growing from year to year. It can be 10 m long. The older branches have flaking bark. The leaves are broadly oval and deeply heart shaped at the base. They are 4-20 cm by 4-20 cm wide. They have velvety hairs. The flowers are yellow-green. They are on stalks 10-30 cm long. The fruit are orange and oval. They are 10-15 mm long.

HABITAT

It is a tropical plant. It grows in dry rocky soils. It grows between 600-1,200 m above sea level. It can grow in arid places.

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