PLANT FACT SHEET

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Actinostemma tenerum Griff.

GENUS *Actinostemma* **FAMILY** Cucurbitaceae

DESCRIPTION

A delicate climber. It is finely hairy when young. The leaf stalk is 2-6 cm long. The leaves vary. They are 3-12 cm long by 2-8 cm wide. The fruit is oval and 2-3 cm long by 1.2 cm wide. There are 2-4 seeds.

HABITAT

It is a tropical plant. It grows in wetlands.

NOTES

It is used as medicine.

REFERENCES

Zhang, Y., et al, 2014, Diversity of wetland plants used traditionally in China: a literature review. Journal of Ethnobiology and Ethnomedicine. 10:72

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7dfa0a27-b63c-4cd9-98a6-27a13a6f08f7