PLANT FACT SHEET

Cicer soongaricum Stephan ex DC.

GENUS *Cicer* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds, Pods

The seeds are cooked and eaten.
They are also dried and used like a pulse.
The pods are cooked and eaten.
The young leaves are cooked and eaten. They are also pickled.

DESCRIPTION

A bean family herb. It grows each year from seed. The leaves are compound. The flowers are pink, blue or white. The pods are small and contain 3-4 seeds each. The seeds are roundish.

HABITAT

It is a temperate plant. In the Himalayas it grows between 2,550-4,500 m above sea level.

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Wild edible plants of Himachal Pradesh

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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