PLANT FACT SHEET

Barbarea plantaginea DC.

GENUS *Barbarea* **FAMILY** Brassicaceae

COMMON NAMES Plantain-leaved bittercress, Plantain-leaved wintercress

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It takes 2 years to complete its life cycle. It has a ring of leaves at the base. The flowers are yellow and have 4 petals and 4 sepals. The seeds are small, round and black.

HABITAT

It is a temperate plant.

PRODUCTION

Cultivation

It can be grown from seeds or by cuttings.

REFERENCES

Ertug, F., 2000, An Ethnobotanical Study in Central Anatolia (Turkey). Economic Botany Vol. 54. No. 2. pp. 155-182

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

Flora of Pakistan.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7e2adc9c-066c-4f19-8d37-fa34be0ccd30