PLANT FACT SHEET

Pacourina edulis Aubl.

GENUS *Pacourina* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It keeps growing from year to year. It grows 1-1.5 m tall. The leaves are 14-28 cm long by 5-7 cm wide. They have sharp teeth along the edge.

HABITAT

A subtropical plant. In Argentina it grows below 500 m above sea level. It grows in water.

REFERENCES

Andrare, G. M. M., et al, 2023, Plantas Alimenticias Nao Convencionais (PANC) Nos Levantamentos Etnobotanicos do Brazil. Novos Cadernos NAEA v. 25 No. 2 p 203

Bortolotto, I. M., et al, 2018, Lista preliminar das plantas alimenticias nativas de Mato Grosso do Sul, Brasil. Iheringia, Serie Botanica, Porto Alegre, 73 (supl.):101-116

Jones, 1982, Vernonieae. J. Arnold Arboretum Volume 63(1): 491

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 185

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7e305288-2116-4bc5-84bd-487d576dba0f