PLANT FACT SHEET

Leymus triticoides (Buckley) Pilg.

GENUS *Leymus* **FAMILY** Poaceae

COMMON NAMES Squaw grass, Wild wheat

EDIBLE PARTS AND USES

Edible parts: Seeds, Cereal

The seeds are parched and ground into a fine meal. This is eaten as porridge, cakes or drinks.
CAUTION The hairs on the grain are singed off before being used.

DESCRIPTION

A grass.

HABITAT

It is a temperate plant.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7e36f536-4e6c-4ad4-8a69-c29ee1ccd35e