PLANT FACT SHEET

Rosa x damascena Mill.

GENUS *Rosa* **FAMILY** Rosaceae

COMMON NAMES Damask rose

EDIBLE PARTS AND USES

Edible parts: Leaves, Spice, Flowers, flower, Seeds

The petals are used to produce rose water for flavouring drinks, candies, ice cream and baked goods.
Dried young flowers are used as rosebuds for flavouring sausages etc.
The young shoots while still red are eaten raw or steamed as a side dish with rice.
The leaves are used as seasoning.

DESCRIPTION

A shrub. It grows 1-2 m tall. The stems are robust with prickles that curve back. The leaves are alternate and have short stalks. The leaves have leaflets along the stalk and one at the end. The leaves are 7-15 cm long by 5-9 cm wide. There are 5-9 leaflets. These are oval and 2-7 cm long by 2-5 cm wide. The leaves have scattered prickles underneath. The flowers occur in groups of 3-8. They are usually red.

HABITAT

It is a temperate plant. It grows in lime soils.

PRODUCTION

Cultivation

It is easy to grow by cuttings.

NOTES

There are about 150 Rosa species and many cultivated varieties.

PICTURES



Credit: Food Plants International (Bruce French)



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