PLANT FACT SHEET

Cissus producta Afzel.

GENUS *Cissus* **FAMILY** Vitaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are eaten as a vegetable. They are acid.
The stem yield water when cut.

DESCRIPTION

A small creeper. It arises from a tuberous rootstock. The stems are square. There are a few hairs. It has tendrils. The leaves are simple. The leaf blade is 10 cm long by 6 cm wide. They are oval and have some teeth near the ends. The flowering stalks are 4-10 cm long and opposite the leaves. The flowers are pink. The fruit are black or red and 1.5 cm long by 1 cm wide. There is one seed about 13 mm long by 8 mm wide.

HABITAT

A tropical plant. It grows in the forest. In Malawi it grows along the shores of the lake and near streams. It grows up to 1.050 m above sea level.

NOTES

There are about 200-350 Cissus species. There are about 75 species in tropical America.

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