PLANT FACT SHEET

Davallia canariensis (L.) Sm.

GENUS *Davallia* **FAMILY** Davalliaceae

COMMON NAMES Hare's-foot fern

EDIBLE PARTS AND USES

Edible parts: Shoots

The shoots are cooked and eaten.

DESCRIPTION

A spreading fern.

HABITAT

It is a tropical plant.

REFERENCES

Morales, J. & Gil, J. M., Gathering in a new Environment: The Use of Wild Food Plants during the Colonisation of the Canary Islands, Spain (2nd-3rd Century BCE to 15th Century CE) p 222

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7ea5e012-2434-4f56-847b-22d0e719a01d