PLANT FACT SHEET

Micropholis rugosa (Swartz.) Pierre

GENUS *Micropholis* **FAMILY** Sapotaceae

COMMON NAMES Beef apple, Bull apple

EDIBLE PARTS AND USES

Edible parts: Fruit

The pulp of the fruit is eaten raw.

DESCRIPTION

A tree. It grows 17 m high. The young shoots have fine hairs. The bark becomes greyish-brown and cracked and scaly. The leaves are spaced and alternate. They are 9-17.2 cm long by 4-7.4 cm wide. They are broadly oval. The leaf stalk is 0.8-1.8 cm long. There is a slight channel in the upper surface. The flowers are of one sex. They occur in tufts of 3-10 flowers in the axils of leaves. The fruit are 3.5-6 cm long. The fruit become yellow or orange when mature. The fruit is edible. There are several seeds. They are 2-2.8 cm long. They have a hard, smooth, shiny coat.

HABITAT

A tropical plant. It grows in both forests and in open places on limestone between 150-900 m altitude in Jamaica.

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7eb6b207-ca8c-48a8-a226-dc076291d79c