PLANT FACT SHEET

Sacciolepis africana C. E. Hubbard & Snowden

GENUS *Sacciolepis* **FAMILY** Poaceae

COMMON NAMES Urungwe swamp grass

EDIBLE PARTS AND USES

Edible parts: Seeds, Cereal

The seeds are cooked and eaten as a cereal.

DESCRIPTION

A grass. This is similar to and probably overlaps with Sacciolepis interrupta. It has rhizomes or underground stems and keeps growing from year to year.

HABITAT

A tropical plant. It grows in shallow water and flood plain grassland between 650-1,500 m above sea level.

NOTES

There are about 30 Sacciolepis species.

REFERENCES

Abbiw, D.K., 1990, Useful Plants of Ghana. West African uses of wild and cultivated plants. Intermediate Technology Publications and the Royal Botanic Gardens, Kew. p 26

Bull. Misc. Inform. Kew 1936:294. 1936

Burkill, H. M., 1985, The useful plants of west tropical Africa, Vol. 2. Kew.

Fowler, D. G., 2007, Zambian Plants: Their Vernacular Names and Uses. Kew. p 72

Gallagher, D. E., 2010, Farming beyond the escarpment: Society, Environment, and Mobility in Precolonial Southeastern Burkina Faso. PhD University of Michigan.

Grivetti, L. E., 1980, Agricultural development: present and potential role of edible wild plants. Part 2: Sub-Saharan Africa, Report to the Department of State Agency for International Development. p 28

Hahn, K., et al, 2018, The use of wild plants for food: a national scale analysis for Burkina Faso (West Africa). FVSS FoodPlants Supplement

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 7

Irvine,

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7eb77c3e-6e74-4f6e-a442-220882d6a64f