PLANT FACT SHEET

Polygonum tomentosum Willd.

GENUS *Polygonum* **FAMILY** Polygonaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young shoots are eaten in soups.

DESCRIPTION

A perennial herb. It grows 0.5-1.5 m tall. It can float. The stems have stripes. The stems are 1.5 cm across. The leaves are sword shaped and have a white coating. The flower spikes occur at the top of the plant. The flowers are white. The dry fruit looks like a lens with 2 prominent sides.

HABITAT

A tropical plant. It grows in wet parts of tropical Asia.

NOTES

There are about 50 Polygonum species.

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