PLANT FACT SHEET

Silene latifolia subsp. alba (Mill.) Greuter & Burdet

GENUS *Silene* **FAMILY** Caryophyllaceae

COMMON NAMES White campion, Evening campion, White cockle

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are eaten in vegetable soups, boiled and stewed.

DESCRIPTION

A herb that keeps growing from year to year. It grows 1m high. The stems are slender and branched. The leaves are sticky and hairy. The flowers are white and bell-shaped. They have 5 bi-lobed petals.

HABITAT

It is a temperate plant. It suits hardiness zones 6-11. Tasmania Herbarium.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7f34afa2-e0f4-4939-8aff-44c2cb15fee9