PLANT FACT SHEET

Corybas montanus D. L. Jones

GENUS *Corybas* **FAMILY** Orchidaceae

COMMON NAMES Mt Maroon helmet-orchid

EDIBLE PARTS AND USES

Edible parts: Tubers

The tubers are edible.

DESCRIPTION

An orchid.

REFERENCES

Lim, T. K., 2015, Edible Medicinal and Non Medicinal Plants. Volume 9, Modified Stems, Roots, Bulbs. Springer p 28

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7f390c6d-d242-451a-b370-5aa7ed0abe8a