PLANT FACT SHEET

Cirsium creticum (Lam.) d'Urv.

GENUS *Cirsium* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Stem

The outside layer of the stem is removed and the centre is then eaten fresh or cooked.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

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Kizilarslan, C. & Ozhatay, N., 2012, An ethnobotanical study of the useful and edible plants of İzmit. Marmara Pharmaceutical Journal 16: 134-140, 2012.

Senkardes, I., et al, 2019, An Ethnobotanical Analysis on Wild Edible Plants of the Turkish Asteraceae Taxa. Agric. conspec. sci. Vol. 84 No. 1 (17-28)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7f9292e9-3fea-4486-87ca-6b9172f40318