PLANT FACT SHEET

Disa welwitschii subsp. occultans (Schltr.) H. P. Linder

GENUS *Disa* **FAMILY** Orchidaceae

EDIBLE PARTS AND USES

Edible parts: Tubers, Root

DESCRIPTION

An orchid. It grows 35-55 cm tall. The flowering shoots are 5-12 cm long and 2.5-3 cm wide. They have 12-15 leaves. There are many flowers in a dense group. The tubers are oval and 1-3 cm long by 1-2 cm wide.

HABITAT

It is a tropical plant.

REFERENCES

Nyomora, A. M. S., 2005, Distribution and Abundance of the Edible Orchids of the Southern Highlands of Tanzania. Tanz. J. Sci. Vol 31(1) p 47 (As Disa tanganyikensis)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7fc050a4-dcce-4dfb-bfa1-27b158cdbda0