PLANT FACT SHEET

# *Begonia mannii* Hook. f.

**GENUS** *Begonia* **FAMILY** Begoniaceae

## EDIBLE PARTS AND USES

**Edible parts:** Leaves

## DESCRIPTION

A scrambling herb that grows on trees.

## HABITAT

It is a tropical plant. It grows in forests from the lowland to mountains in West Africa.

## REFERENCES


Burkill, H. M., 1985, The useful plants of west tropical Africa, Vol. 3. Kew.

Laferriere, J. E., 1992, Begonias as Food and Medicine. Economic Botany, Vol. 46, No. 1, pp. 114-116

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew



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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International



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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/7fdbd20f-a993-48bc-957e-dd45773df377