PLANT FACT SHEET

Limonium lobatum (L.f.) Chaz.

GENUS *Limonium* **FAMILY** Plumbaginaceae

COMMON NAMES Winged sea lavender

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A short annual herb. It grows 1 m tall. The leaves at the base are 3-10 cm long and 1-4 cm wide. The leaves are divided along the stalk. There are 4-7 pairs of rounded lobes. The stems are not winged. The flowers are yellow.

HABITAT

It is a Mediterranean climate plant. It grows on sandy and rocky areas near the coast and on salty areas further inland.

NOTES

There are about 300 Limonium species.

REFERENCES

Blamey, M and Grey-Wilson, C., 2005, Wild flowers of the Mediterranean. A & C Black London. p 171 (As Limonium thouinii)

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 104 (As Statice thouinii)

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 213 (As Statice thouinii)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7feb7cae-5c6f-4e11-a3ec-140a85243198