PLANT FACT SHEET

Lactarius insulsus (Fr.) Fr.

GENUS *Lactarius* **FAMILY** Russulaceae

EDIBLE PARTS AND USES

Edible parts: Mushroom, Fungus

DESCRIPTION

A mushroom.

HABITAT

It is a temperate plant.

REFERENCES

Boa, E. R., Wild edible fungi and their importance to people. FAO Non Wood Forest Products Booklet 17

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7ff49122-091d-4351-8fd1-1b3f2d868f70