PLANT FACT SHEET

Artemisia carruthii Alph.Wood ex J. H. Carruth

GENUS *Artemisia* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

The leaves are used to give flavouring to fatty foods. They are also used to give colour and flavour to rice dumplings and as a potherb.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

NOTES

There are about 300 Artemisia species.

REFERENCES

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Bircher, A. G. & Bircher, W. H., 2000, Encyclopedia of Fruit Trees and Edible Flowering Plants in Egypt and the Subtropics. AUC Press. p 42 (As Artemisia wrightii)

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Trendafilova, A., et al, 2020, Research Advances on Health Effects of Edible Artemisia Species and Some Sesquiterpene Lactones Constituents. Foods 2021, 10, 65. p 5 (As Artemisia wrightii)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/7ffc13cd-1ec6-4f38-824c-184ee3fbdec2