PLANT FACT SHEET

Ficus montana Burm.f.

GENUS *Ficus* **FAMILY** Moraceae

COMMON NAMES Oak-leaved fig

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves

The very young leaves are eaten raw in salads.
The fruit are sweetish and eaten.

DESCRIPTION

A fig. It is a shrub. It grows 2 m long. The branches often lie along the ground. The leaves are oval and have 2-8 lobes along the stalk. The leaves are 5-15 cm long. They have a rough sandpapery surface underneath. The figs are in the axils of leaves. They are on stalks 5 cm long. The figs are about 1 cm across. The become red when ripe.

HABITAT

A tropical plant. It grows in gullies and hard soils and in forests up to 1,300 m above sea level. It is usually near streams.

PRODUCTION

Cultivation

Plants can be grown from seeds or cuttings.

NOTES

There are about 800-1000 Ficus species. They are mostly in the tropics. There are 120 Ficus species in tropical America.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/802527c5-2456-41df-b724-2da435a215e4