PLANT FACT SHEET

Cynanchum boveanum subsp. nubicum (Decne.) Khanum & Liede

GENUS *Cynanchum* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds, Fruit, Flowers, Vegetable

The whole plant is eaten raw, especially the fruit and flowering tip.

DESCRIPTION

A herb. It grows to 30 cm high.

HABITAT

A tropical plant. It is a weed of cultivation and in waste places in the Sahel in West Africa. It can grow in arid places.

REFERENCES

Burkill, H. M., 1985, The useful plants of west tropical Africa, Vol. 1. Kew. (As Glossonema boveanum subsp. nubicum)

Grivetti, L. E., 1980, Agricultural development: present and potential role of edible wild plants. Part 2: Sub-Saharan Africa, Report to the Department of State Agency for International Development. p 26 (As Glossonema nubicum)

Grubben, G. J. H. and Denton, O. A. (eds), 2004, Plant Resources of Tropical Africa 2. Vegetables. PROTA, Wageningen, Netherlands. p 562 (As Glossonema boveanum subsp. nubicum)

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 43, 79 (As Glossonema boveanum subsp. nubicum)

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 177 (As Glossonema boveanum subsp. nubicum)

Monod, T., (On wild edible plants of Mauritania) (As Glossonema boveanum subsp. nubicum)

Okigbo, B.N., Vegetables in Tropical Africa, in Opena, R.T. & Kyomo, M.L., 1990, Vegetable Research and development in SADCC countries. Asian Vegetable Research and development Centre. Taiwan. p 38 (As Glossonema boveanum subsp. nubicum)

Peters, C. R., O'Brien, E. M., and Drummond, R.B., 1992, Edible Wild plants of Sub-saharan Africa. Kew. p 64 (As Glossonema boveanum subsp. nubicum)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/803aba57-6f95-4604-aea0-d177f07b2d89