PLANT FACT SHEET

Pterodiscus speciosus Hook.

GENUS *Pterodiscus* **FAMILY** Pedaliaceae

EDIBLE PARTS AND USES

Edible parts: Tuber - yeast, Root

The roots are used as a source of yeast.

DESCRIPTION

A herb. It grows 20 cm tall. It has a thick fleshy stem tuber. The leaves are simple and lobed. They are 6 cm long by 1.5 cm wide. The flowers can be purple to pink. The fruit have four wings.

HABITAT

It is a tropical plant.

REFERENCES

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Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8051add3-291f-43e4-a49d-e7df680f3a38