PLANT FACT SHEET

Impatiens tripetala Roxb. ex DC.

GENUS *Impatiens* **FAMILY** Balsaminaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are eaten in small amounts after meals either raw or boiled to promote appetite.

DESCRIPTION

A herb. The leaves are alternate. The leaf stalk is long. The flowers are large and red or purple.

HABITAT

It is a temperate plant. In Nepal it grows between 1,400-1,800 m above sea level.

REFERENCES

Srivastava, R. C., 2010, Traditional knowledge of Nyishi (Daffla) tribe of Arunachal Pradesh. Indian Journal of Traditional Knowledge. 9(1):26-37

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/80549167-27db-4cab-be27-0d58f2a2c9d4