PLANT FACT SHEET

Gundelia mesopotamica Firat

GENUS *Gundelia* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Shoots, Leaves

The shoots are use in vegetable dishes and also for pickles.

DESCRIPTION

A thistle like herb. It has spines. The stems are 50-80 cm long. It has dense hairs. The leaves alternate and are divided. The flowering heads are 5-6.5 cm long by 3-4.5 cm wide.

HABITAT

It is a temperate plant. It has been recorded at 800 m above sea level in Turkey.

REFERENCES

Demir, I. & Ayaz, N., 2022, Wild edible plants contributing to the traditional foods of Mardin (Turkey) Province. Indian Journal of Traditional Knowledge Vol 21(3), July 2022, pp 569-582

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/80767d83-54b0-4892-8a29-e8c4159c9c2b