PLANT FACT SHEET

Centaurea nigrescens Willd.

GENUS *Centaurea* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows about 50 cm tall. The leaves are 15-20 cm long by 5-6 cm wide and divided.

HABITAT

It is a Mediterranean climate plant. In Argentina it grows below 500 m above sea level.

NOTES

There are 400 to 600 Centaurea species.

REFERENCES

Paoletti, M.G., Dreon, A.L., and Lorenzoni, G.G., 1995, Pistic, Traditional Food from Western Friuli, NE Italy. Economic Botany 49(1) pp 26-30

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/80929a6b-65a8-46e2-87a8-d8b8bd627fe7