PLANT FACT SHEET

Corispermum hyssopifolium L.

GENUS *Corispermum* **FAMILY** Amaranthaceae

EDIBLE PARTS AND USES

Edible parts: Seed

The seeds are used to make bread.

DESCRIPTION

A herb. It is slender and much branched. It grows 10-60 cm tall. It is hairy when young. The leaves are narrow and 1-6 cm long by 1-3 mm wide

HABITAT

It is a temperate plant.

REFERENCES

Jia, X., et al, 2022, Ethnobotany of wild edible plants in multiethnic areas of the Gansu–Ningxia–Inner Mongolia junction zone. Journal of Ethnobiology and Ethnomedicine 18:53

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/80dceba3-2323-46a1-9803-97e09a432d54