PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Euploca ovalifolia (Forssk.) Diane & Hilger

GENUS *Euploca* **FAMILY** Boraginaceae

COMMON NAMES Grey-leaf heliotrope

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves, Medicine

The leaves are chewed as a substitute for tobacco.
Caution: The leaves may be poisonous. They are used in medicine.
It should probably not be eaten nor chewed.

DESCRIPTION

An annual herb. It grows 40-90 cm high. It can be erect or bend over. The stems are hairy. They are woody at the base. The leaf blades are 1-2.5 cm long by 4-13 mm wide. They are narrowly oval. They have hairs in both surfaces. The flower are at the ends of branches. They are small and white. The fruit is oval with 4 nutlets.

HABITAT

It is a subtropical plant. It grows in open sunny places. It grows in hot and arid places with a marked dry season. It can grow in salty soils. It can grow in coastal sands. It grows from sea level to 1,635 m above sea level. It can tolerate shade. It can grow in arid places.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/80e0fe51-815b-4527-a0e2-76c34824d05e