PLANT FACT SHEET

Eleutherococcus leucorrhizus Oliv.

GENUS *Eleutherococcus* **FAMILY** Araliaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A shrub. It grows 4 m tall. It can be a climber. The branches have a few prickles. The leaves have 5 leaflets that are oblong and 6-14 cm long by 3-6 cm wide.

HABITAT

It is a temperate plant. It grows on the edges of forests and in valleys between 100-3,200 m above sea level. In Sichuan and Yunnan.

REFERENCES

Kang, Y., et al, 2014, Wild food plants used by the Tibetans of Gongba Valley (Zouqu country, Gansu, China) Journal of Ethnobiology and Ethnomedicine 10:20

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/81029c54-0f66-41eb-9808-6bd26f177f71