PLANT FACT SHEET

Sanguisorba minor Scop.

GENUS *Sanguisorba* **FAMILY** Rosaceae

COMMON NAMES Burnet, Salad Burnet

EDIBLE PARTS AND USES

Edible parts: Leaves, Herb, Spice, Leaves - tea, Flowers

The shoots and leaves are eaten.
The leaves have a cucumber taste. They can be added to salads and sauces. They are used in soups and vinegar.
The dried leaves are steeped for tea.
Young seedlings are boiled and eaten.

DESCRIPTION

A perennial herb. It can be grown as an annual. It forms clumps. It grows about 30 cm high. The leaves are produced in pairs about 25 mm apart. The leaves are small and round and deep green. They have teeth around the edge. The leaves have the smell of cucumber. The slender side stems droop giving a feather like appearance. The central stalks have reddish-pink berry like flowers. These have long purple stamens.

HABITAT

It is a temperate plant. It occurs in mountainous areas of Europe. In Argentina it grows from sea level to 1,800 m above sea level. In Hobart Botanical gardens. It suits hardiness zones 3-8. Tasmania Herbarium.

PRODUCTION

Cultivation

Plants are grown from seed.

Harvesting and Seed Production

The leaves are harvested when very young when the new young ring of leaves is forming.

NOTES

There are about 18 Sanguisorba species. Chemical composition: Protein = 5.65%. Fat = 1.23%. Carbohydrate = 11.0%. Ash = 1.72%. Water = 74.5%.

PICTURES



Credit: Food Plants International (Bruce French)



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