PLANT FACT SHEET

Sphagneticola calendulacea (L.) Pruski

GENUS *Sphagneticola* **FAMILY** Asteraceae

COMMON NAMES Chinese wedelia

EDIBLE PARTS AND USES

Edible parts: Shoots, Leaves - tea

DESCRIPTION

A herb. The stems lie along the ground and the tips curve upwards. It forms roots from the lower nodes. The leaves are almost without stalks. The leaves are narrow and 2-10 cm long by 0.6-2 cm wide. There can be a few teeth along the edge.

HABITAT

It is a tropical plant.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Li, D. et al, 2017, Ethnobotanical survey of herbal tea plants from the traditional markets in Chaoshan, China. Journal of Ethnopharmacology. 205 (2017) 195-206 (As Wedelia chinensis)

Yang, R., et al, 2008, Content and distribution of flavonoids among 91 edible plant species. Asia Pac. J. Clin. Nutru. 17(S1): 275-279 (As Wedelia chinensis)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/811a3c54-623a-4720-bb00-28e060c9d2f2