PLANT FACT SHEET

Rumex pictus Forssk.

GENUS *Rumex* **FAMILY** Polygonaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten raw in salads or cooked with meals.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Bidak, L. M., et al, 2015, Goods and services provided by native plants in desert ecosystems: Examples from the northwestern coastal desert of Egypt. Global Ecology and Conservation 3 (2015) 433–447

Mahklouf, M. H., 2019, Ethnobotanical Study of Edible Wild Plants in Libya. European Journal of Ecology. 5(2): 30-40

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/814a002e-74fc-4d8a-96f9-90f9f25bbf55