PLANT FACT SHEET

Tricalysia pallens Hiern

GENUS *Tricalysia* **FAMILY** Rubiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A shrub or small tree. The leaves are opposite and narrowly oval. They are 11 cm long by 4 cm wide. They are shiny and dark green. The flowers are in clusters of 3. They are white or greenish-cream. The fruit are round and 3-6 mm across. They are red when ripe.

HABITAT

A tropical plant. It grows in evergreen forest and along rivers. It grows between 500-1,200 m above sea level.

PRODUCTION

Harvesting and Seed Production

Plants flower August to November.

REFERENCES

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Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 217 (As Tricalysia longestipulata)

Okigbo, B.N., Vegetables in Tropical Africa, in Opena, R.T. & Kyomo, M.L., 1990, Vegetable Research and development in SADCC countries. Asian Vegetable Research and development Centre. Taiwan. p 45 (As Tricalysia longestipulata)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8164d882-8f48-408a-bebe-f6f9bc930c6d