PLANT FACT SHEET

Satyrium longicauda Lindl.

GENUS *Satyrium* **FAMILY** Orchidaceae

COMMON NAMES Blushing bride satyrium, Blushing bride orchid

EDIBLE PARTS AND USES

Edible parts: Tubers, Roots

DESCRIPTION

A slender herb. It is an orchid that grows in the soil. It grows 10-65 cm high. The leaves are on a separate sterile shoot. The leaves along the flowering stem sheath. The flowers are white. The tubers are 1-4 cm long and oval.

HABITAT

It is a tropical plant. It grows in mountain grassland between 1,575-2,000 m above sea level.

REFERENCES

Long, C., 2005, Swaziland's Flora - siSwati names and Uses http://www.sntc.org.sz/flora/

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 84

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8167452f-6e20-4b3a-b2b9-0ce34871a574