PLANT FACT SHEET

Artemisia granatensis Boiss.

GENUS *Artemisia* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves - tea, Flowers - tea

The flowers and aerial parts are used for a herbal tea.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

INFOODSUpdatedFGU-list.xls

Tardio, J., et al, Ethnobotanical review of wild edible plants in Spain. Botanical J. Linnean Soc. 152 (2006), 27-71

Trendafilova, A., et al, 2020, Research Advances on Health Effects of Edible Artemisia Species and Some Sesquiterpene Lactones Constituents. Foods 2021, 10, 65. p 4

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/816b1814-ed75-416d-afa6-d33be3d3d532