PLANT FACT SHEET

Enteromorpha prolifera (Mull.) J. Ag.

GENUS *Enteromorpha* **FAMILY** Ulvaceae

COMMON NAMES Green algae

EDIBLE PARTS AND USES

Edible parts: Frond, Seaweed, Algae

The finely branched fronds are eaten. They can be dressed with salt and allowed to stand until slightly fermented. It is eaten in stews or with fish.
The dried powder is sprinkled over foods as a seasoning.

DESCRIPTION

A seaweed. It is fine and dark green.

HABITAT

A tropical plant. It grows in tufts on rocks in fine sand.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/818a2fae-9b34-40f7-be21-c107002a7557