PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Pseudodissochaeta assamica (C. B. Clarke) Nayar

GENUS *Pseudodissochaeta* **FAMILY** Melastomataceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A scrambling shrub. It grows 1-4 m tall. The branches are 4 angled when young. The leaves only have short leaf stalks. The leaves are narrowly oval and 10-21 cm long by 4-11 cm wide. The fruit is a berry 5-6 mm long by 4-5 mm wide.

HABITAT

A subtropical plant. It grows in damp places between 200-1,300 m above sea level. It suits the wet tropics.

NOTES

There are about 400 Medinilla species.
Medicine,

REFERENCES

Flora of China (As Medinilla assamica)
Mot So Rau Dai an Duoc O Vietnam. Wild edible Vegetables. Ha Noi 1994, p 220 (As Medinilla spirei)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/81a376fa-dbaf-4eb9-8f9d-c71ef3e85529