PLANT FACT SHEET

Lobelia zeylanica L.

GENUS *Lobelia* **FAMILY** Campanulaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are eaten either raw or steamed.
The plant is claimed to be poisonous to animals.

DESCRIPTION

A herb that lies along the ground. It keeps growing from year to year. It can be 20 cm high. They are 3 angled near the top. The leaves are oval and 2-4 cm long by about 1 cm wide. The flowers occur singly. They are in the axils of leaves. They are yellowish white and sometimes have streaks of violet. The fruit is a capsule and 4-6 mm long. They are 3 sided.

HABITAT

A tropical plant. In Fiji it grows from sea level to 1,000 m altitude. In Java it grows between 200-1,200 m above sea level. It grows in sunny, humid or lightly shaded localities. In Yunnan.

PRODUCTION

Cultivation

Plants grow from seeds.

NOTES

There are about 400 Lobelia species. Also listed as Lobeliaceae family.

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