PLANT FACT SHEET

Eriophyton wallichii Bentham ex Wallich

GENUS *Eriophyton* **FAMILY** Lamiaceae

COMMON NAMES Soft shen

EDIBLE PARTS AND USES

Edible parts: Root

DESCRIPTION

A herb. It keeps growing from year to year. It grows 10-20 cm high. The root is fleshy and cylinder shaped. The stems are 4 sided. They have a dense covering when young. The leaves only have short stalks. The lower leaves are small and like scales, the middle ones are opposite. They are 3-4 cm long and wide. The base is wedge shaped. There are teeth towards the tip. The leaves have a grey covering over both surfaces. The flowers are light purple to pink. There are 6 flowers in a ring without flower stalks. The fruit are nutlets that are yellow and 3 mm long.

HABITAT

It is a temperate plant. It grows in north-western Yunnan in China. It grows in alpine meadows among broken rocks in the high mountains. It grows between 3,400-4,700 m altitude. In Sichuan.

REFERENCES

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