PLANT FACT SHEET

Veronica serpyllifolia L.

GENUS *Veronica* **FAMILY** Plantaginaceae

COMMON NAMES Thyme-leaved speedwell

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. The stems are 10-30 cm long. They are finely hairy and form roots at the nodes. The leaves can have some teeth around the edge. The lower leaves do not have hairs. They are 1-2.5 cm long by 4-8 mm wide. They have stalks and the leaves are saucer shaped. The fruit are notched capsules.

HABITAT

It is a temperate plant. It grows in meadows and woodlands. In China it grows in mountain meadows between 400-4,700 m above sea level. In Argentina it grows below 500 m above sea level. In Sichuan and Yunnan.

NOTES

Also put in the family Scrophulariaceae.

REFERENCES

MacKinnon, A., et al, 2009, Edible & Medicinal Plants of Canada. Lone Pine. p 246

Upson, R., & Lewis R., 2014, Updated Vascular Plant Checklist and Atlas for the Falkland Islands. Falklands Conservation and Kew.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/81caf2ae-1d74-482b-ab3c-03e335e766d3