PLANT FACT SHEET

Cladophora rupestris (Linnaeus) Kutzing

GENUS *Cladophora* **FAMILY** Cladophoraceae

EDIBLE PARTS AND USES

Edible parts: Seaweed, Algae

DESCRIPTION

A green seaweed.

HABITAT

Temperate.

REFERENCES

Cherry, P., et al, 2019, Risks and benefits of consuming edible seaweeds. Nutrition ReviewsVR Vol. 77(5):307–329

Marsham, S., et al, 2007, Comparison of nutritive chemistry of a range of temperate seaweeds. Food Chemistry 100: 1331-1336

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/8212813e-7a25-489e-8d99-27485cfc8165